



MANUAL HANDLING

Summary

A course designed for those who work with individuals requiring assistance, or where lifting or carrying at work is part of their profession.

Anatomy of the spine and local muscles is covered briefly, before elements for safe lifting and carrying are taught.

For ambulance personnel, the moving of patients is covered specifically.

DETAILS

Duration	2 Hours
Recommended age	16 years +
Minimum number of students for course	8
Maximum number of students for course	12
Online theory option?	Online theory + 1-hour practical session at your venue
Certificate issued?	Continuing Professional Development Certificate

Interested in booking this course? Please click the image to view our current fees brochure

