

# Basic Life Support Syllabus



## Module 1 Scene management

How to ensure the safety of the scene and those within it  
Duty of care and negligence

## Module 2 The primary survey

Checking for danger  
Checking for a response  
Checking and maintaining a patent airway  
How to check for breathing  
How to check the circulation using pulses

**Student practical :** Airway, breathing and circulation checks

## Module 3 The choking patient

Recognition and management of a choking adult, child or infant

**Student practical :** abdominal thrusts for adults, children and infants

## Module 4 The unconscious patient

Defining unconsciousness  
Discuss the causes of unconsciousness  
General management and primary survey  
Demonstration of the management of an unconscious adult and the recovery position

**Student practical :** ABC, The recovery position

## Module 5 Resuscitation

An explanation of CPR, its effects and the importance of first response  
Discuss and explain the causes of cardiac arrest in adults, children and infants  
Demonstration of adult, child and infant resuscitation

**Student practical :** adult, child and infant CPR skill stations

**Award:** Basic Life Support Certificate    **Validity:** 3 years

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