

OFSTED Approved

Paediatric First Aid

Syllabus Day 1



FirstAid
4Schools.com

Module 1 Legal Responsibilities

Duty of care
In loco parentis
Negligence
Core lesson: First steps in first aid and the primary survey (DRABC)

Module 2 Asphyxia

Understanding asphyxia
Discuss the causes, signs, symptoms and treatment of hyperventilation, asthma, anaphylaxis and choking
Abdominal thrusts for choking
Student practical : Epipen use and abdominal thrusts

Module 3 The Unconscious child

Unconsciousness
Discuss the causes of unconsciousness in children
General management and primary survey
Demonstration of the management of an unconscious child and the recovery position
Student practical : ABC, The recovery position

Module 4 Child & Infant Resuscitation

An explanation of CPR, its effects and the importance of first response in children
Discuss and explain the causes of cardiac arrest in children
Demonstration of child resuscitation
Explanation of the differences in adult and child resuscitation
Student practical: Child and infant CPR skill stations

Module 5 Bleeding and Wounds

Discuss the immediate management of wounds and how children perceive them
Treatment and management of embedded foreign bodies, nosebleeds and various wounds
Cuts to the tongue and lips. Broken teeth and head injuries.
Demonstration of the application of a dressing, an elevation sling and a head bandage
Serious bleeding and shock
Student practical : Applying a dressing and elevation sling

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Day 2



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Module 6 Childhood Medical Emergencies

How to recognise and manage epilepsy, diabetes, chickenpox and meningitis

Module 7 Fractures

Discuss mechanism of fractures in children
Signs, symptoms and general management of fractures
How to check distal pulses
Arm sling

Student practical : arm slings and checking distal pulses

Module 8 Soft Tissue Injuries

Discuss the difference between a strain and a sprain
General treatment of strains and sprains
R*I*C*E method for treatment
Recognition and management of dislocations

Module 9 Burns

Types of burn
Treating burns
Complications of a burn

Module 10 Eye Injuries

The treatment and management of simple eye injuries; eye irrigation and referral
Student practical : irrigating an eye

Module 11 Poisoning

How to manage suspected poisoning, including food poisoning

Module 12 Record Keeping

Accident book, First aid boxes and medicines in schools.
Unconscious management, wound management and CPR skill stations
Debrief and questions

Award: OFSTED Approved Paediatric First Aid Certificate

Validity: 3 years

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