Basic Life Support Syllabus



Module 1 Scene management

How to ensure the safety of the scene and those within it Duty of care and negligence

Module 2 The primary survey

Checking for danger Checking for a response Checking and maintaining a patent airway How to check for breathing How to check the circulation using pulses

Student practical: Airway, breathing and circulation checks

Module 3 The choking patient

Recognition and management of a choking adult, child or infant **Student practical:** abdominal thrusts for adults, children and infants

Module 4 The unconscious patient

Defining unconsciousness
Discuss the causes of unconsciousness
General management and primary survey
Demonstration of the management of an unconscious adult and the recovery position
Student practical: ABC, The recovery position

Module 5 Resuscitation

An explanation of CPR, its effects and the importance of first response Discuss and explain the causes of cardiac arrest in adults, children and infants Demonstration of adult, child and infant resuscitation

Student practical: adult, child and infant CPR skill stations

Award: Basic Life Support Certificate Validity: 3 years