

FAST3

Syllabus



Module 1 Core knowledge

Scene management
Duty of care and *in loco parentis*
First aid myths

Module 2 Asphyxia

Defining asphyxia
Discuss the causes, signs, symptoms and treatment of hyperventilation, asthma, anaphylaxis and choking
Abdominal thrusts for choking
Student practical: Epipen use and abdominal thrusts

Module 3 The unconscious child

Defining unconsciousness
Discuss the causes of unconsciousness in children
General management and primary survey
Demonstration of the management of an unconscious child and the recovery position
Student practical: ABC, The recovery position

Module 4 Child Resuscitation

An explanation of CPR, its effects and the importance of first response in children
Discuss and explain the causes of cardiac arrest in children
Demonstration of child resuscitation
Explanation of the differences in adult and child resuscitation

Module 5 Bleeding and wounds

Discuss the immediate management of wounds and how children perceive them
Treatment and management of embedded foreign bodies, nosebleeds and various wounds
Demonstration of the application of a dressing and an elevation sling
Student practical: Applying a dressing and elevation sling

Award: Level 1 (Basic) Paediatric First Aid Certificate Validity: 3 years

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